

# Lipids and Carbohydrates

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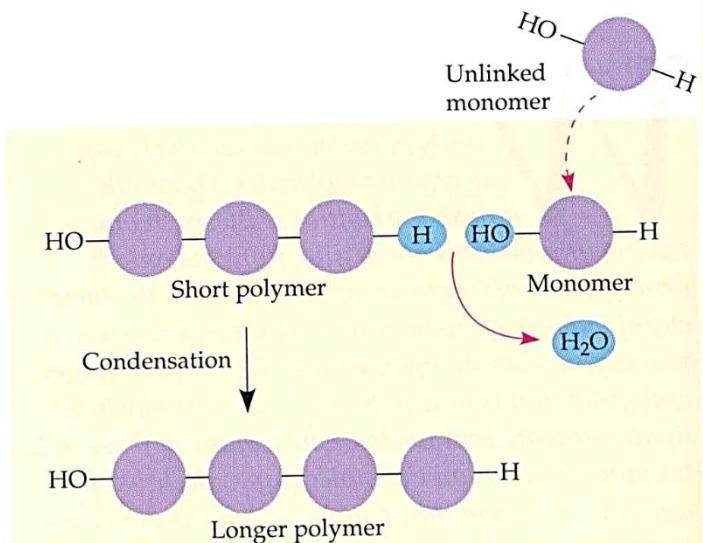
# Biological Macromolecules

1. Lipids

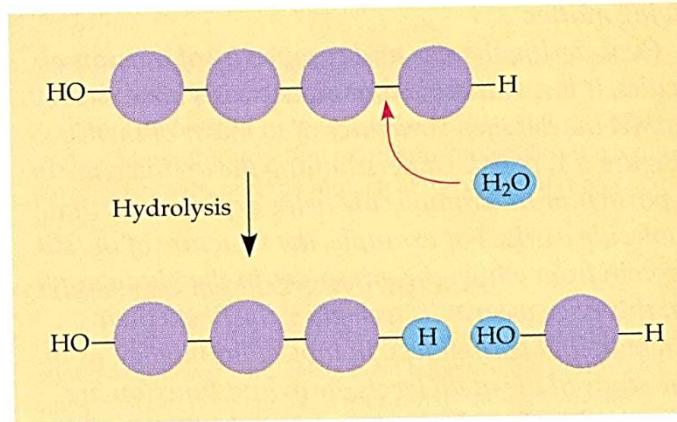
2. Carbohydrates

3. Nucleic acids (DNA, RNA)

4. Proteins



(a) Condensation synthesis (dehydration) of a polymer

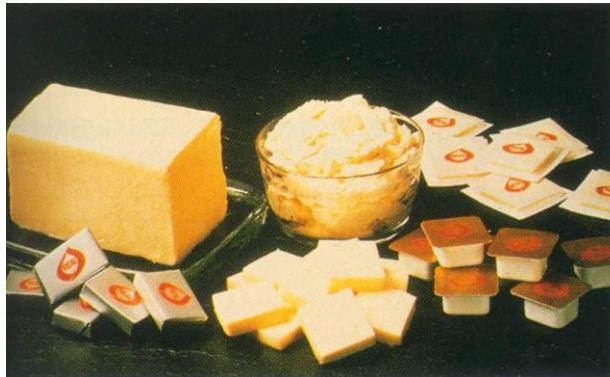


(b) Hydrolysis of a polymer

# Lipids

- very good solubility in hydrophobic and organic solvents  
(e.g. carbon tetrachloride, benzene, acetone etc.)
- highly hydrophobic or amphipatic
- Groups of lipids:
  1. *Triglycerides*
  2. *Phospholipids*
  3. *Glycolipids*
  4. *Steroids*
  5. *Carotenoids*

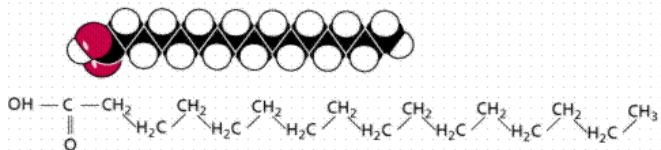
# 1., Triglycerides: Fats and oils



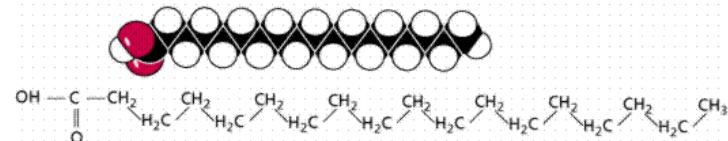
glycerol + 3 fatty acids

# Fatty acids:

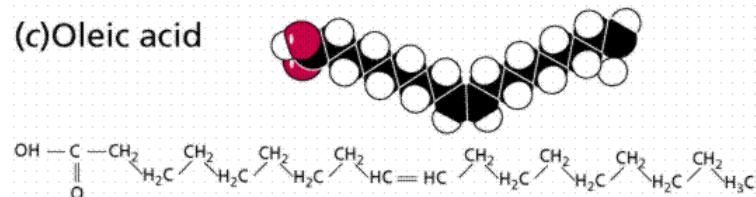
(a) Palmitic acid



(b) Stearic acid

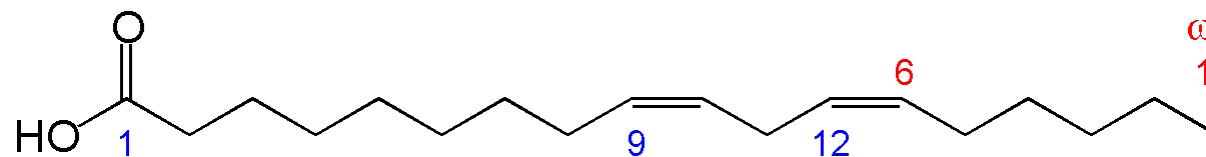


(c) Oleic acid

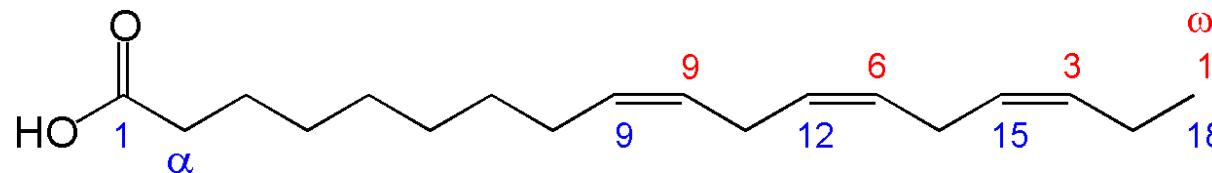


## Essential fatty acids:

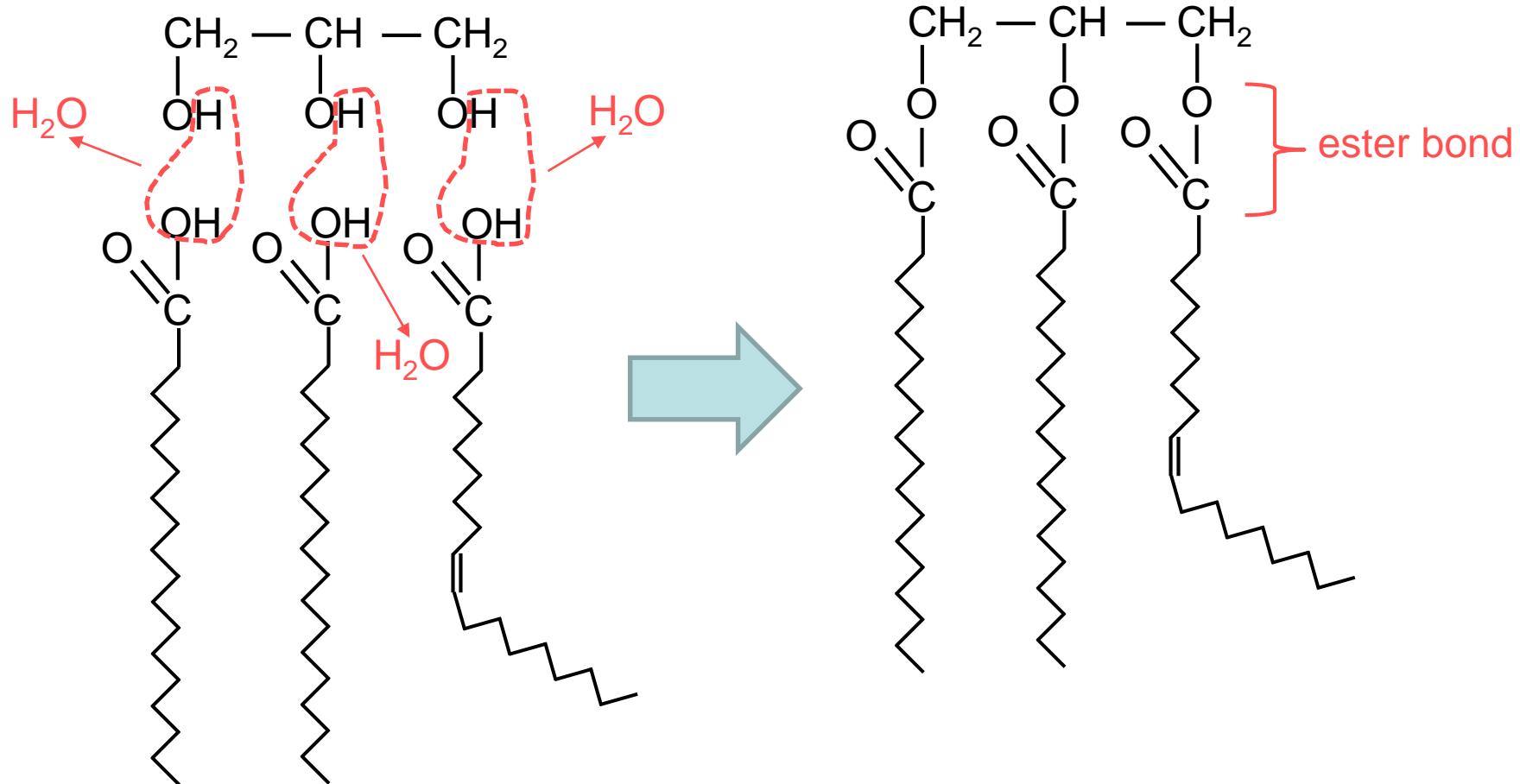
Linoleic acid (18:2, n-6), the shortest-chained n-6 fatty acid (Wikipedia)



ALA; Linolenic acid; cis, cis,cis-9,12,15-Octadecatrienoic acid; (Z,Z,Z)-9,12,15-Octadecatrienoic acid (Wikipedia)



# The structure of triglycerides



Stored as cytoplasmic lipid  
fat as cushion, insulator (under skin, in abdomen)  
obesity



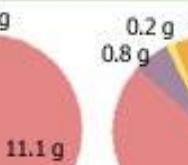
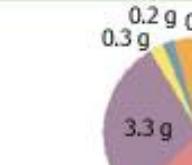
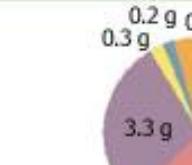
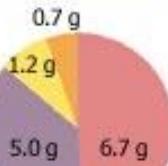
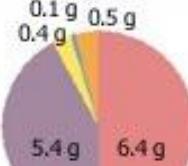
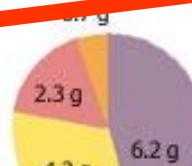
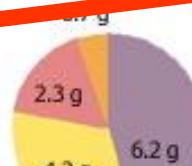
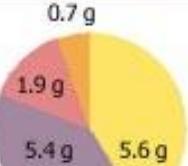
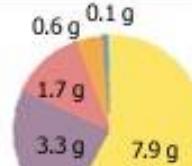
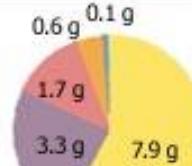
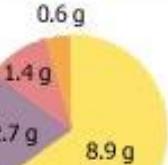
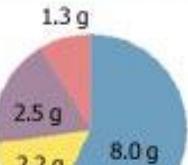
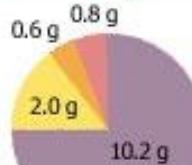
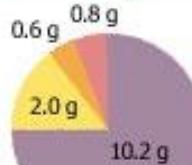
Also:

- energy storage
- organic solvent eg. Vitamins A, D, E, K

### Fat Distribution in 1 Tbsp of Common Cooking Oils

Saturated Fat  
Monounsaturated Fat  
Other

Polyunsaturated Fats:  
Linoleic Acid  
Alpha-Linoleic Acid



Olive Oil

Peanut Oil

Lard (Pork Fat)

Beef Tallow

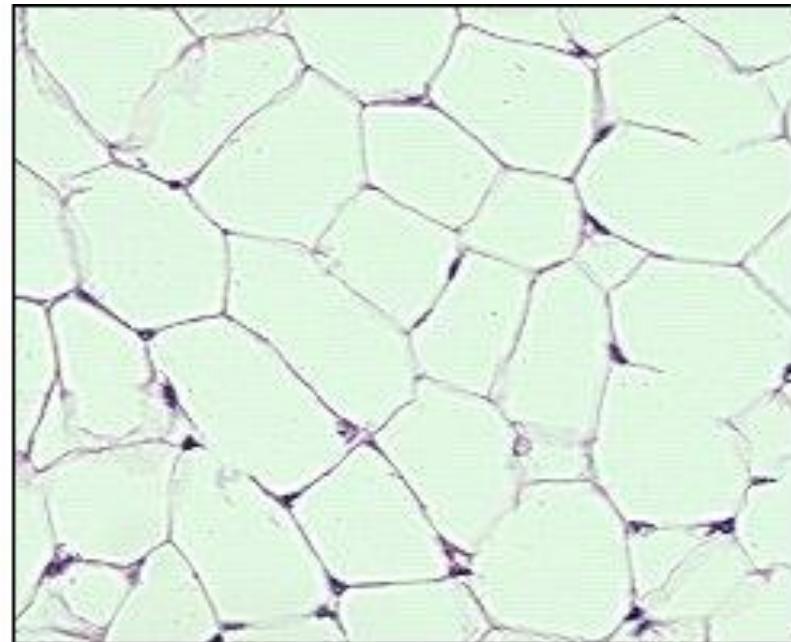
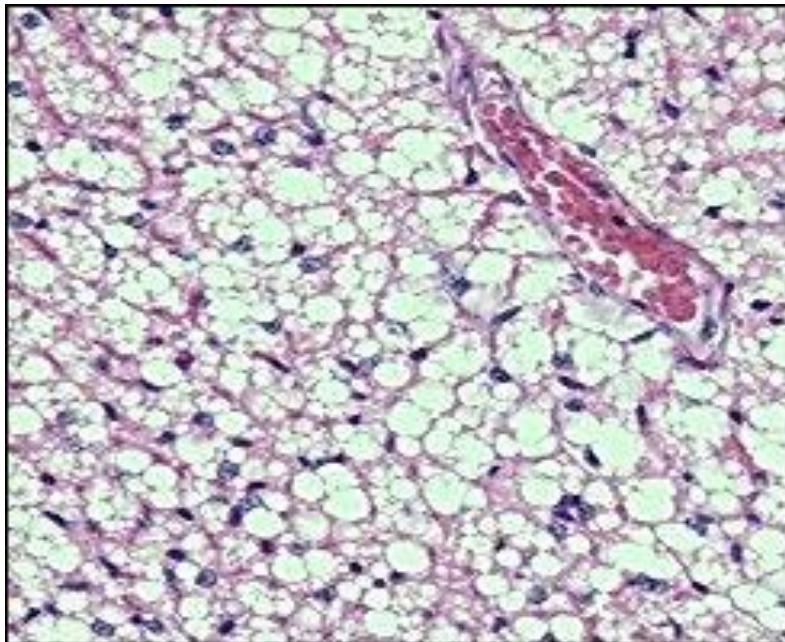
Palm Oil

Butter

Palm Kernel Oil

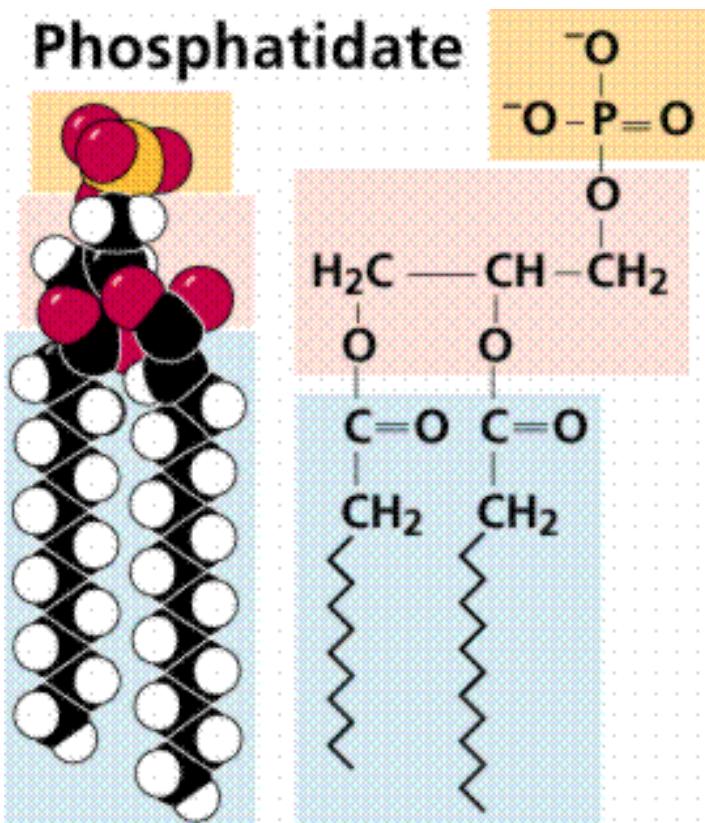
Coconut Oil

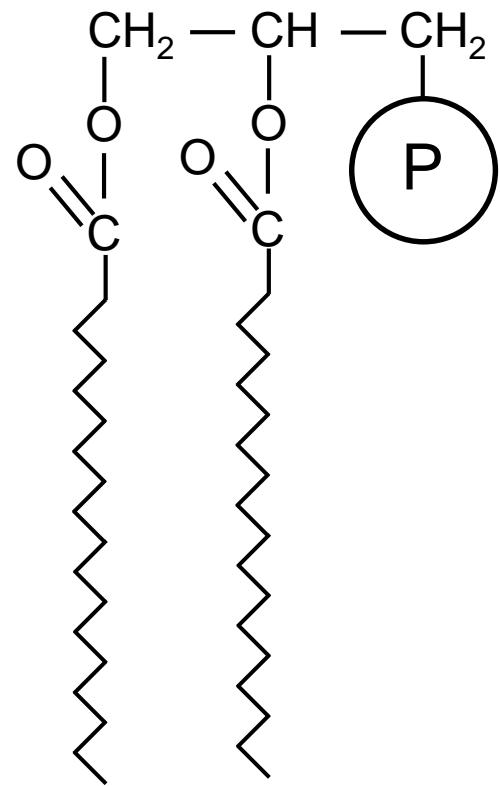
# Lipid droplets in adipose cells



## 2., Phospholipids

- They contain phosphoric acid
- They are amphipathic lipids: contain hydrophobic and hydrophylic regions
- significance: membrane components

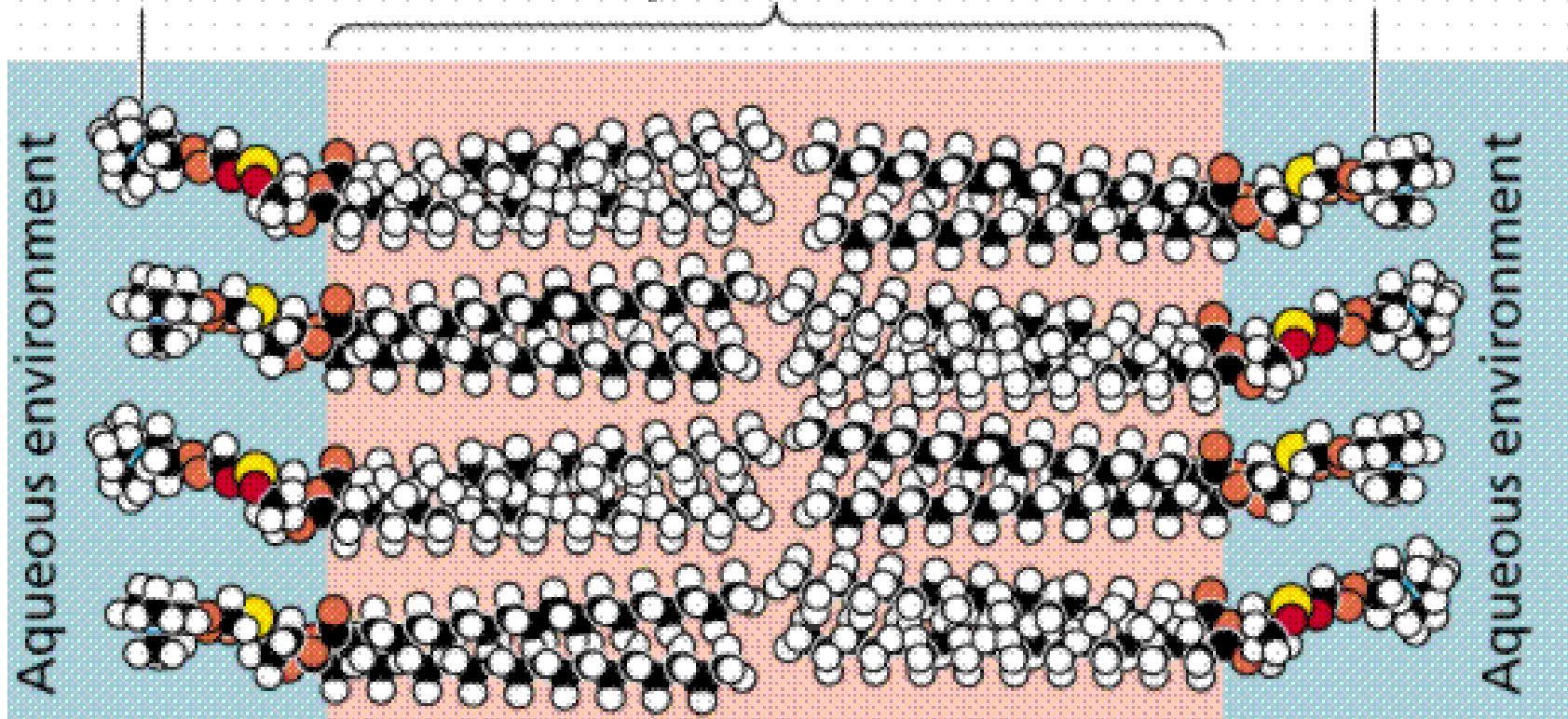


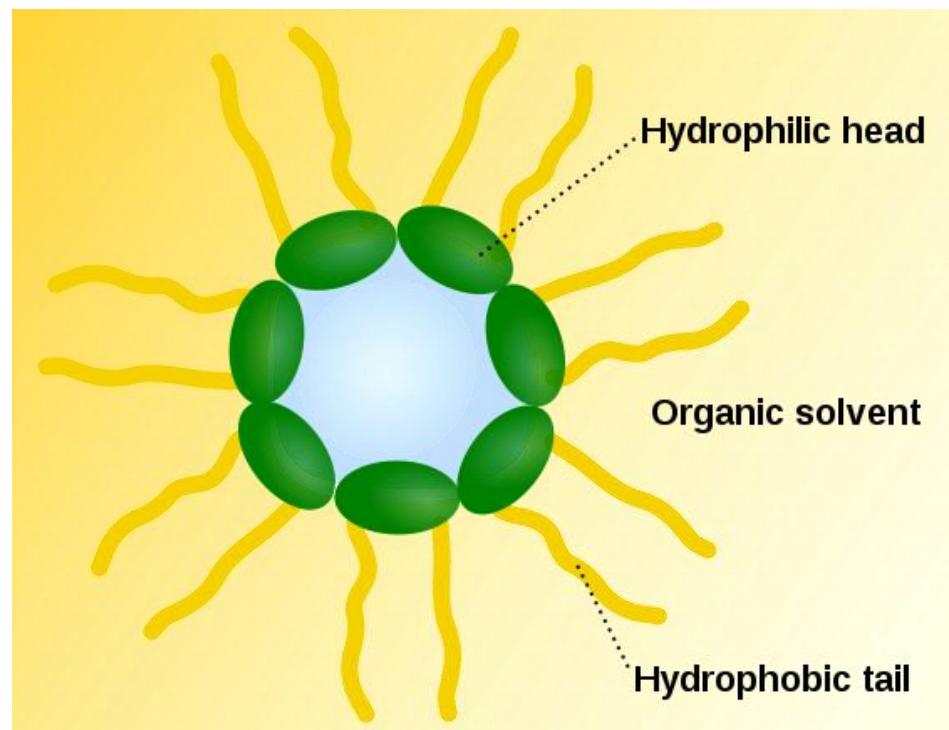
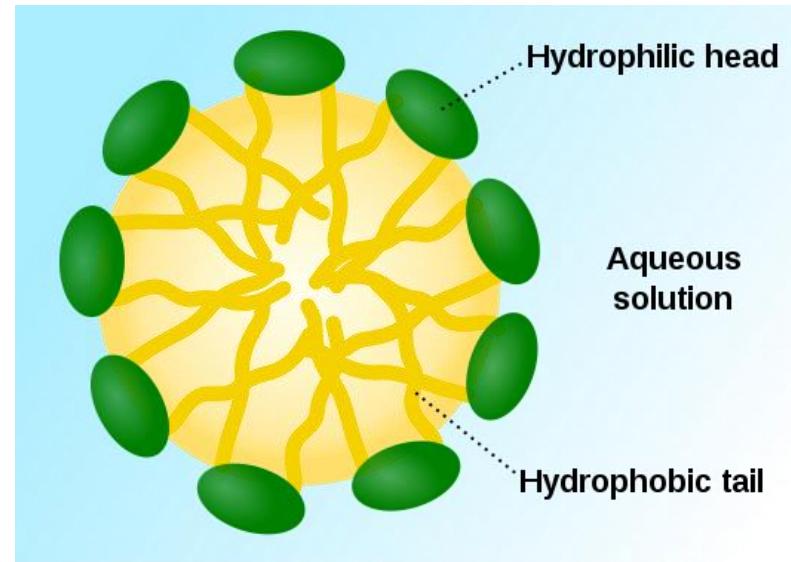
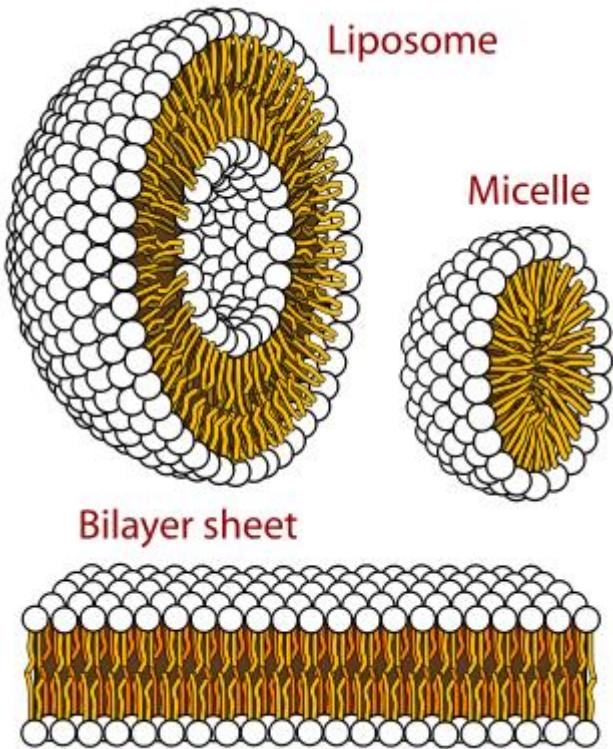


Polar,  
hydrophilic  
"head"

Nonpolar,  
hydrophobic,  
fatty acid "tails"

Polar,  
hydrophilic  
"head"

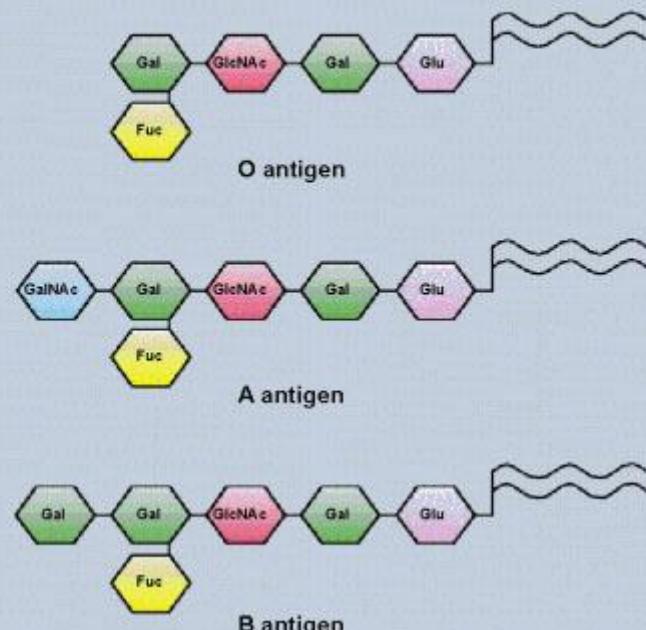




# 3., Glycolipids

- they have sugar component
- They are markers, e.g.: AB0 blood groups

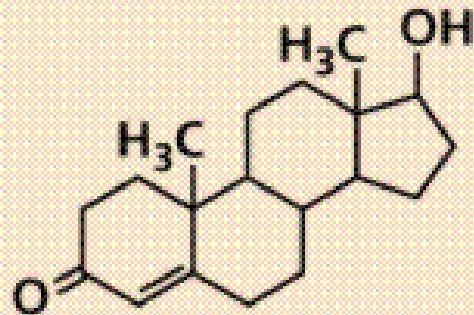
Glycolipids Determine Blood Group



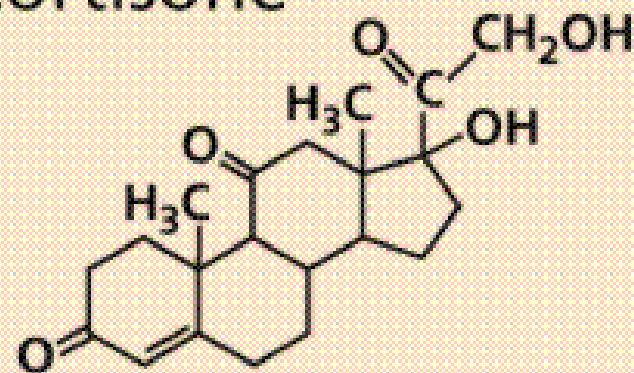
# 4., Steroids

sterane structure, e.g. cholesterol (membrane component), steroid hormones, bile acids, vitamin D3

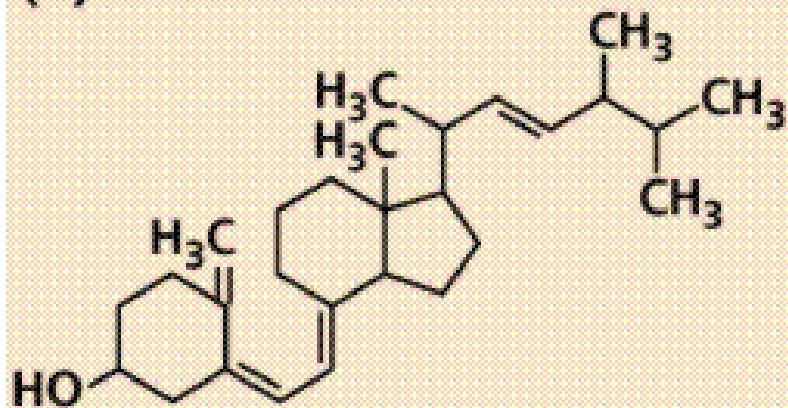
(a) Testosterone



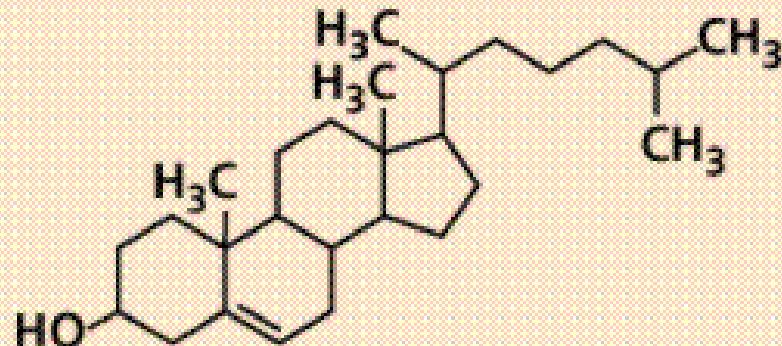
(b) Cortisone



(c) Vitamin D



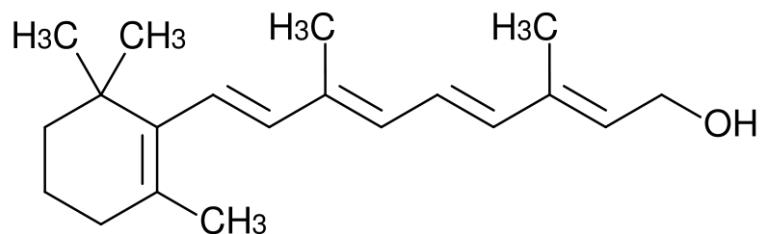
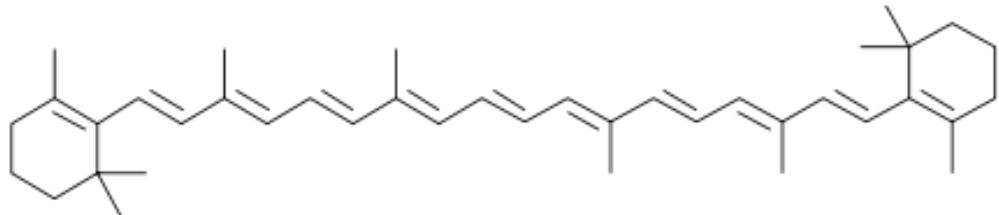
(d) Cholesterol



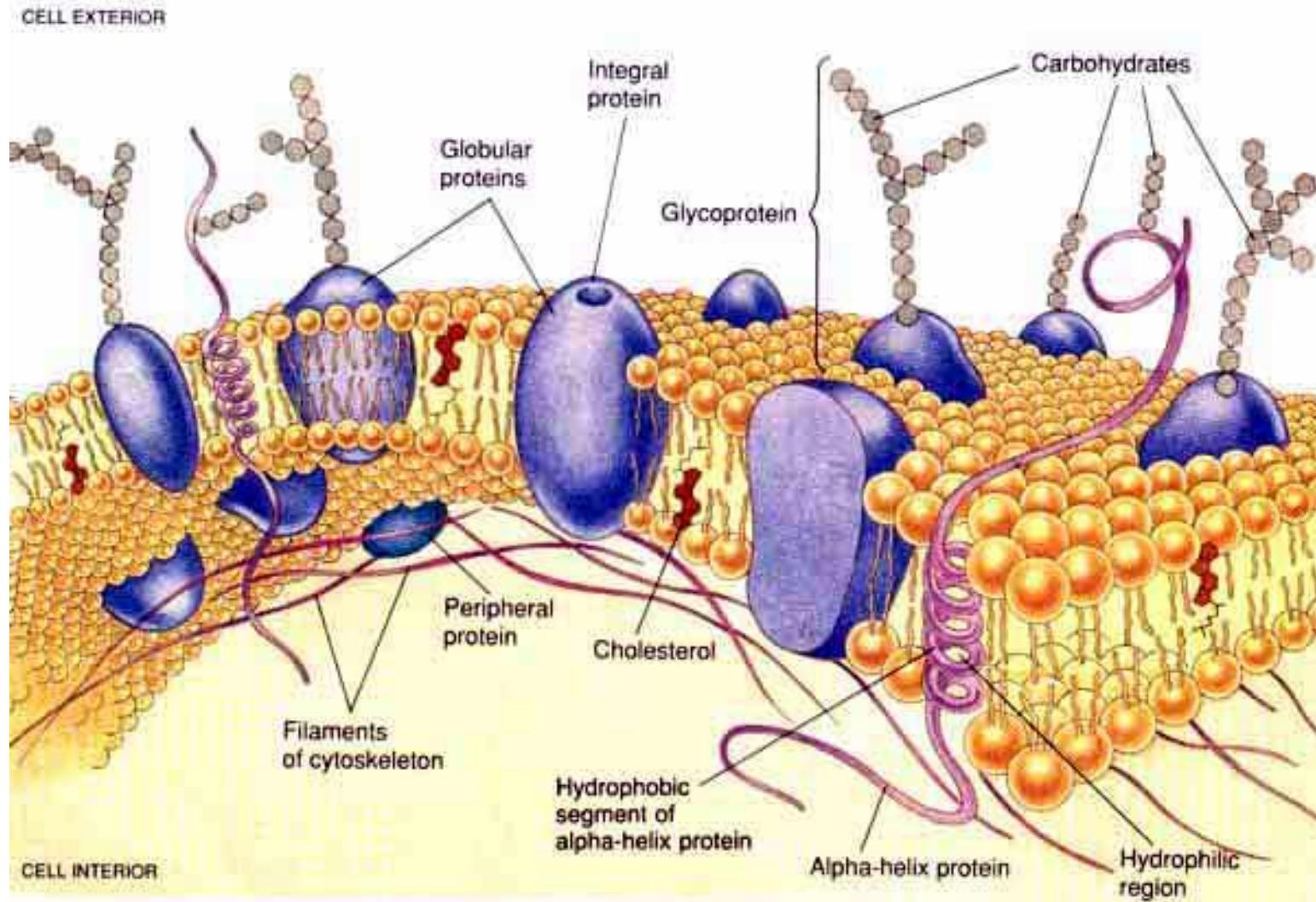
## 5., Carotenoids

pigments (conjugated double-bonds) e.g.:  
carotene (carrot) , retinal (eye)





# Cell membrane

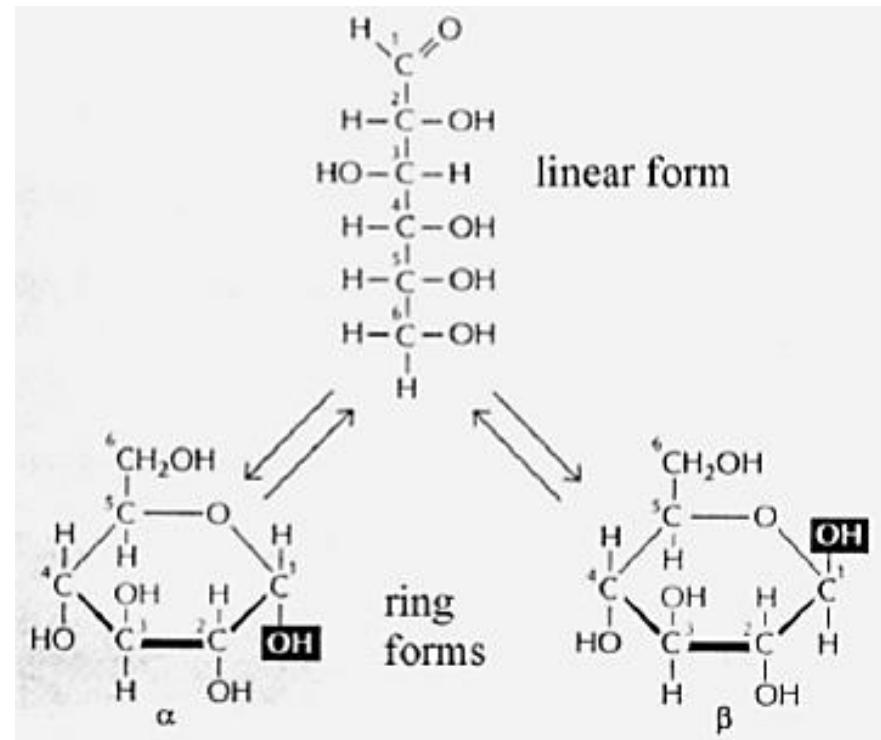
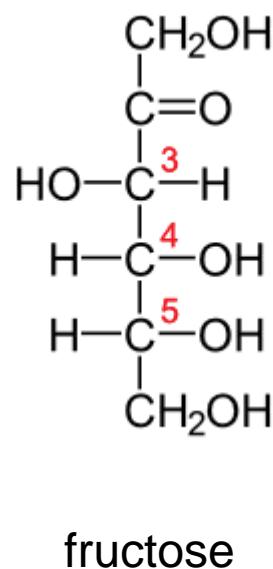
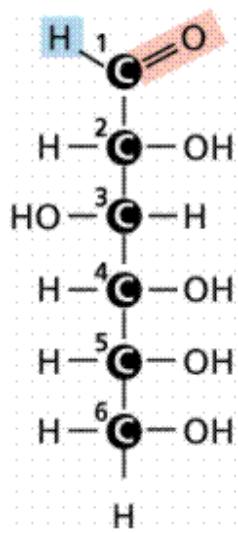


# **Biological Macromolecules**

1. Lipids
2. **Carbohydrates**
3. Nucleic acids (DNA, RNA)
4. Proteins

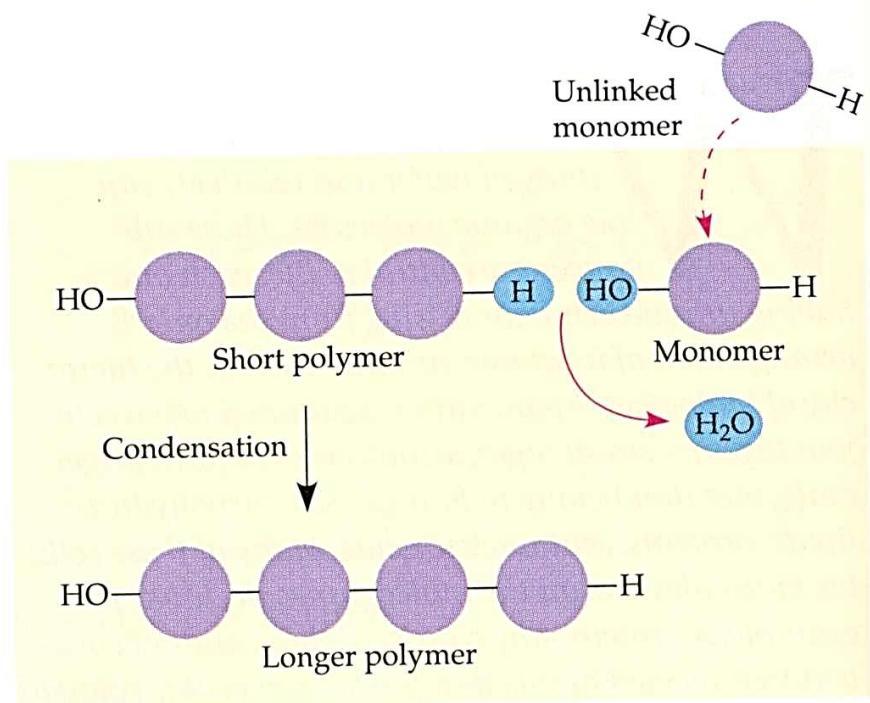
# Carbohydrates

- general formula:  $(CH_2O)_n$
- they are polyhydroxi aldehydes or ketones



# Carbohydrates

- *Monosaccharides*
- *Disaccharides*
- *Oligosaccharides*
- *polysaccharides*

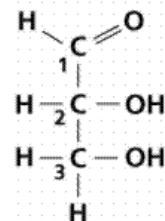


(a) Condensation synthesis (dehydration) of a polymer

# Monosaccharides

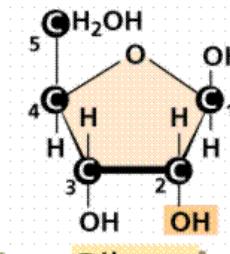
- *trioses*: e.g. glyceraldehyde-3-phosphate
- *pentoses*: e.g. ribose, deoxyribose
- *hexoses*: e.g. glucose, fructose, mannose, galactose

Three-carbon sugar

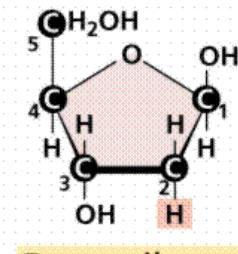


Glyceraldehyde

Five-carbon sugars

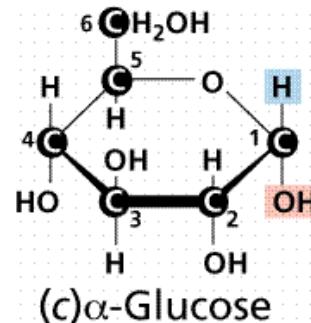
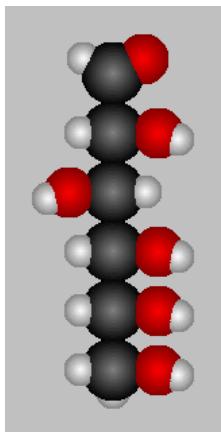
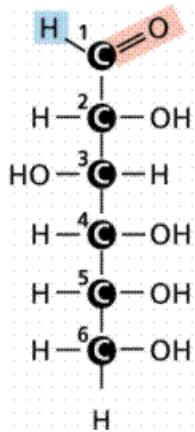


Ribose

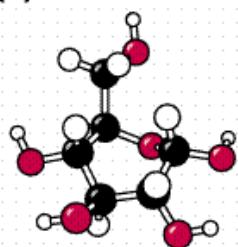
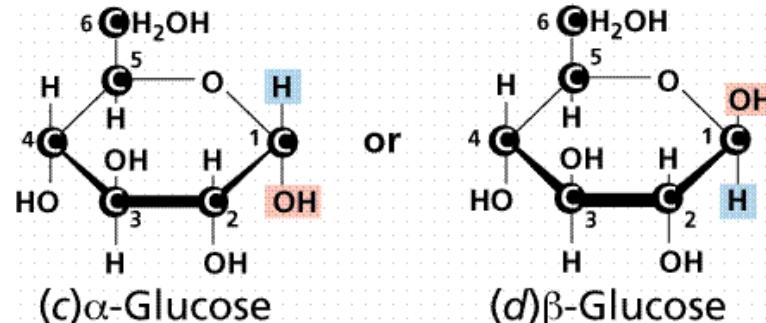


Deoxyribose

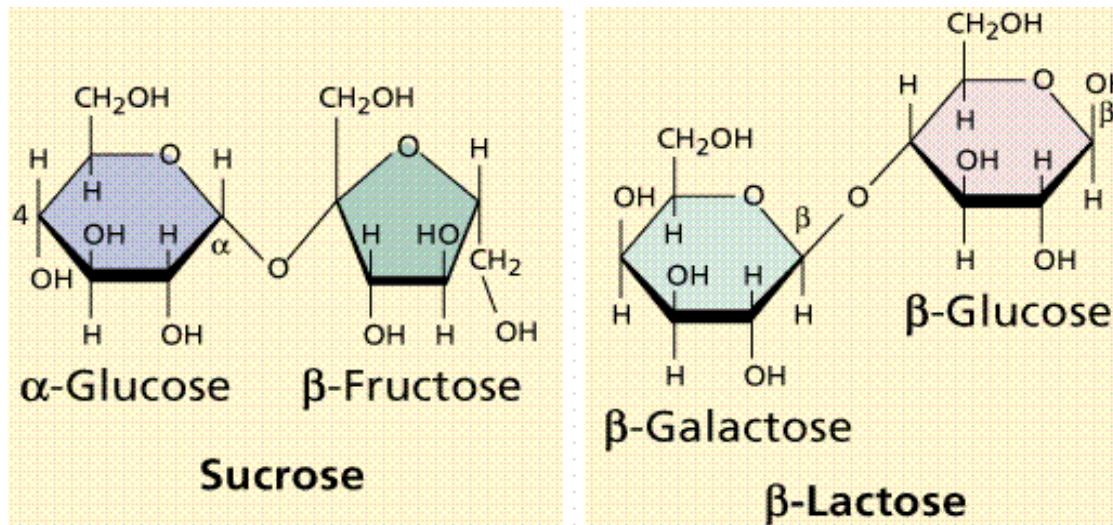
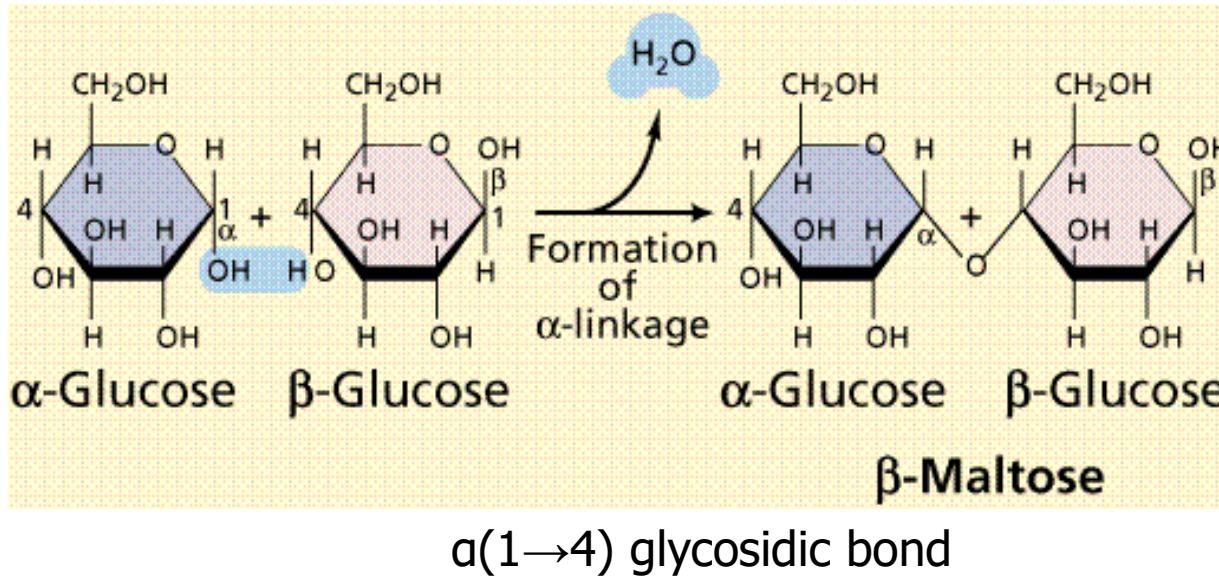
Six-carbon sugars



or



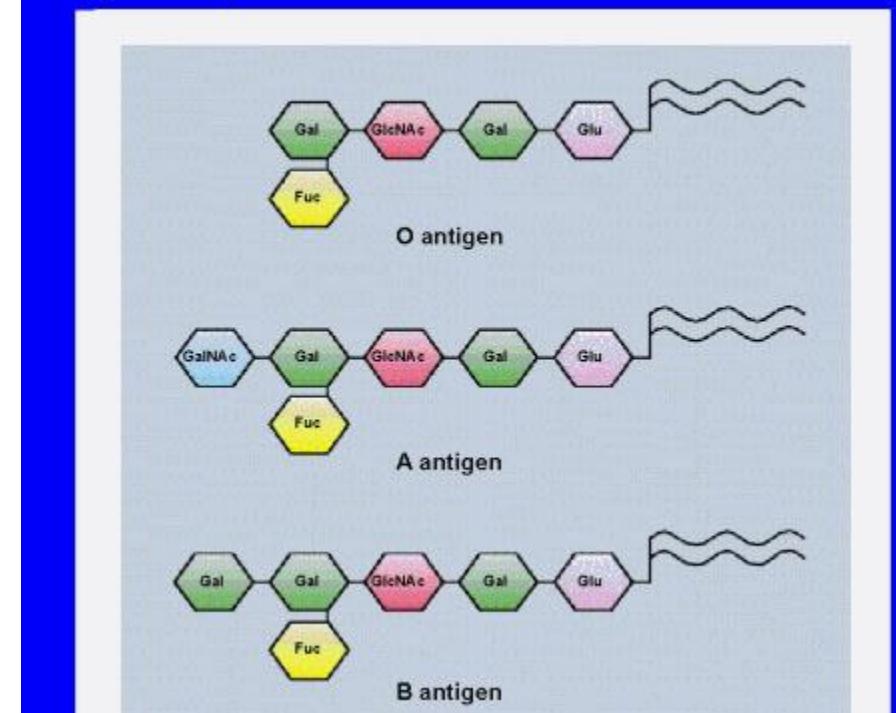
# Disaccharides



# Oligosaccharides

- consist of 3-10 monomers
- are bound to lipids, proteins by covalent bonds
- markers → ABO blood groups

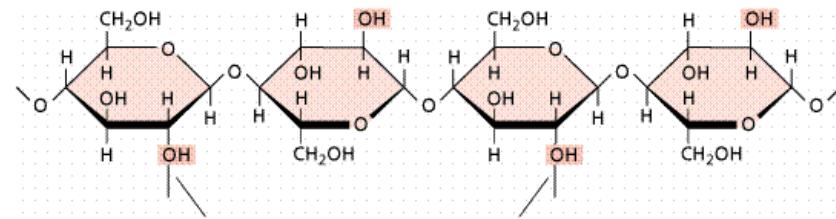
## Glycolipids Determine Blood Group



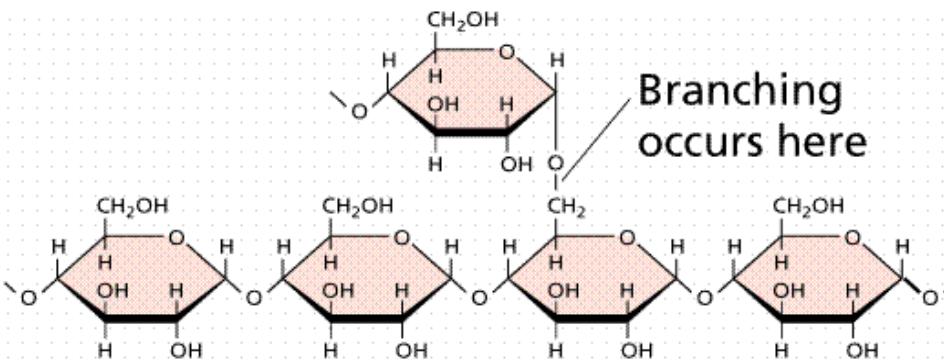
# Polisaccharides

With glucose monomers:

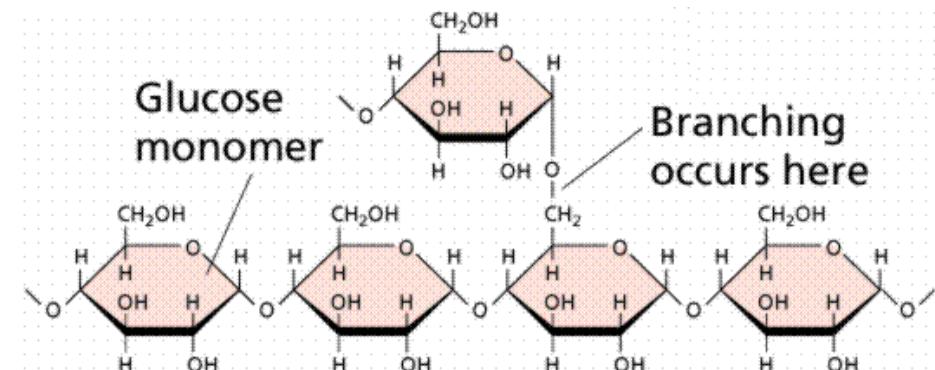
- cellulose (cell wall)
- starch:
  - amylose (helical structure, stabilized by H bonds)
- +
  - amylopectin (branched)
- glycogene: glucose storage (mainly in liver and muscle)



Hydrogen bonding to other cellulose molecules can occur at these points

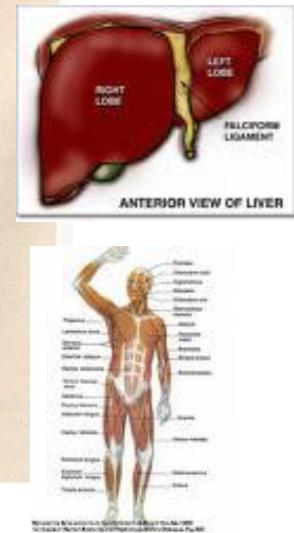
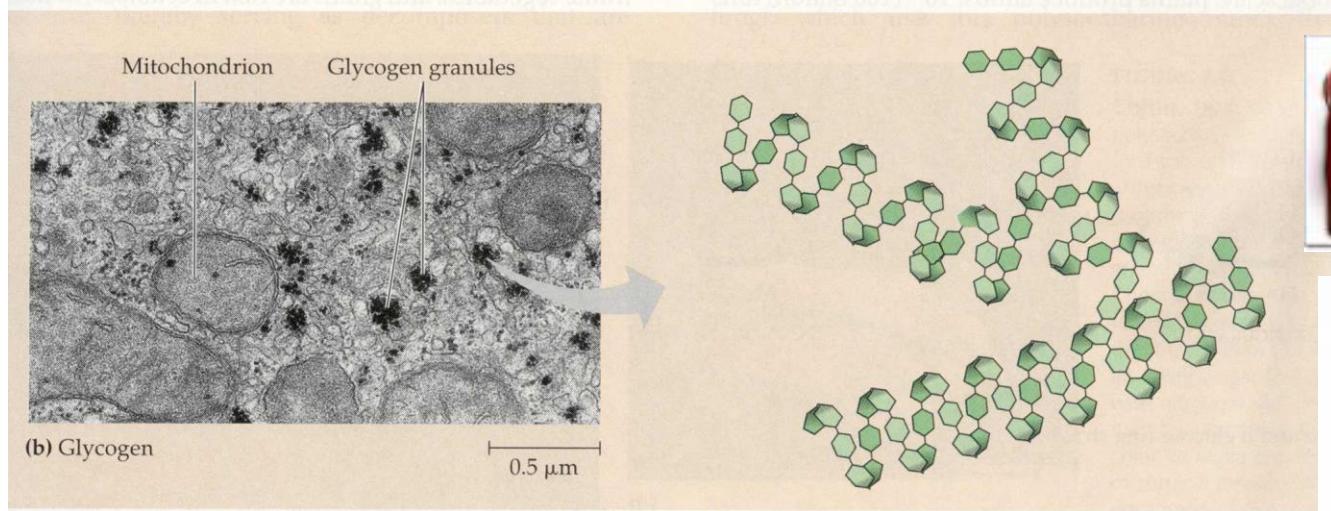
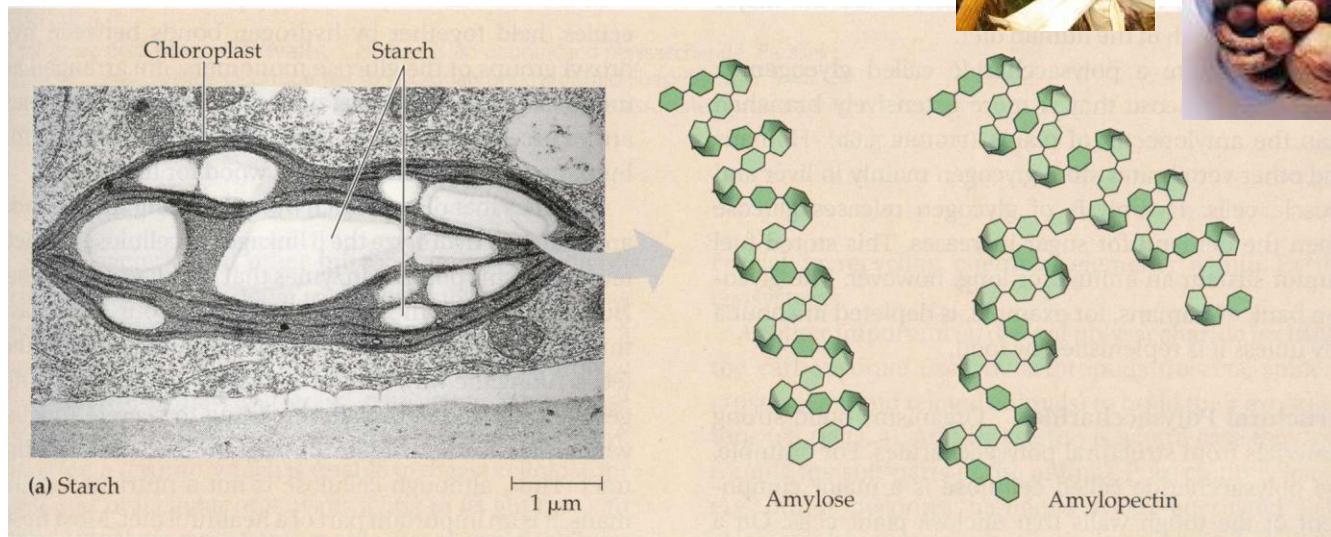


Branching occurs here



Branching occurs here

Glucose monomer

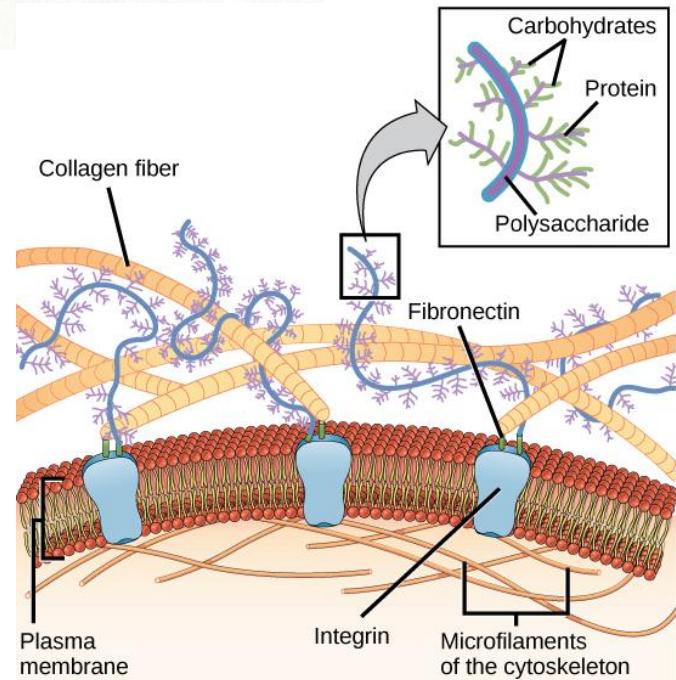
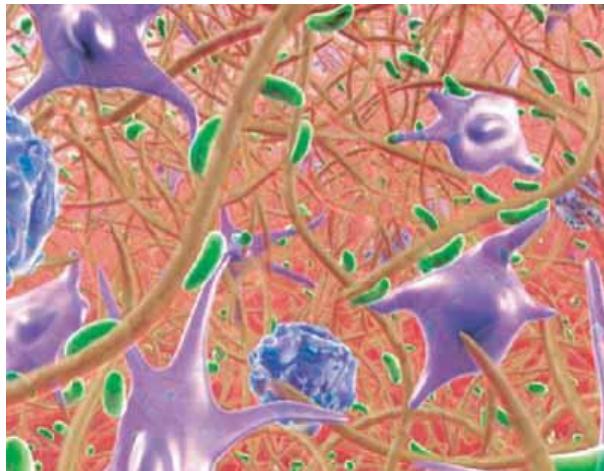


Glycogen is an important polysaccharide composed of glucose molecules, it is found in animals and humans (liver and skeletal muscles); function: energy storage.

# Chitin



## glycosaminoglycans



[http://cnx.org/content/m44413/latest/Figure\\_04\\_06\\_01.jpg](http://cnx.org/content/m44413/latest/Figure_04_06_01.jpg)