

Novel Echocardiographic Techniques in the Diagnosis of Heart Failure

PhD Thesis

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1. Introduction

Heart failure is a complex clinical syndrome that can result from any structural or functional cardiac disorder that impairs the ability of the ventricle to fill with or eject blood. The syndrome of heart failure is a common manifestation of the later stages of various cardiovascular diseases, including coronary artery disease, systemic or pulmonary hypertension, valvular disease and primary myocardial disease. Echocardiography, what is the most frequently performed cardiovascular examination after electrocardiography, has revolutionized the diagnosis of heart failure. By the help of the common echocardiographic techniques – M-mode, 2-dimensional echocardiography and conventional Doppler – essential information regarding cardiac morphology, function and hemodynamics can be obtained non-invasively. Several challenging problems, however, required the further development of the echocardiographic technique, such as tissue Doppler imaging (TDI) and echocardiographic Particle Image Velocimetry. The aim of our work was to prove the usefulness of these novel echocardiographic techniques in the solution of some special problems in heart failure patients.

2. Objectives

- The aim of the study was to investigate the correlation between levels of B-type natriuretic peptide and the TDI and conventional Doppler echocardiographic parameters characterizing the global left ventricular diastolic function in patients with hypertrophic cardiomyopathy.
- Based on non-invasive studies, it has been reported that isolated resting longitudinal diastolic dysfunction of the right ventricle may be the sign of exercise induced pulmonary hypertension in patients with connective tissue diseases (CTD). The aim of our work was to confirm this observation by the help of our results obtained from TDI measurements and right heart catheterisation.
- We were planning to describe and distinguish left ventricular flow patterns in healthy hearts and in patients with different types of prosthetic mitral valves by the help of the new method of echocardiographic Particle Image Velocimetry. Flow-mediated energy dissipation in the left ventricle was also investigated.

3. Relationship between conventional and tissue Doppler echocardiographic parameters and B-type natriuretic peptide (NT-proBNP) levels in patients with hypertrophic cardiomyopathy

3.1. Introduction

Hypertrophic cardiomyopathy (HCM) is a hereditary cardiac disease characterized by primary myocardial hypertrophy. TDI has been reported to be a preload independent technique. Mitral annular early diastolic myocardial velocity (E') is a reliable index for evaluating left ventricular diastolic function, longitudinal systolic velocity (S) is characteristic of global left ventricular systolic function. Late diastolic velocity (A') is a parameter for assessing left atrial systolic function. The ratio of the early diastolic velocity of the mitral inflow to early diastolic velocity of the mitral annulus (E/E') provides a good estimate of left ventricular filling pressure. The plasma concentration of NT-proBNP is typically elevated in patients with isolated left ventricular diastolic dysfunction. The aim of our study was to determine the relation of diastolic mitral annular velocities combined with conventional Doppler indices to the NT-proBNP levels in patients with HCM.

3.2. Patients and methods

32 consecutive patients with HCM (21 male, 11 female, mean age 47 ± 14 years) were studied. Inclusion criteria were: normal sinus rhythm; ejection fraction $\geq 50\%$; absence of moderate to severe mitral regurgitation or prosthetic mitral valve.

In addition to the conventional transmural flow patterns (E, A, E/A, DT, IVRT) myocardial early (E') and late diastolic (A') velocities were measured at the lateral and septal border of the mitral annulus by ATL HDI 5000 ultrasound system. E/E' ratio was calculated. Measurements were obtained from ≥ 3 consecutive beats. Lateral E/E' >10 or septal E/E' >15 were considered as elevated. NT-proBNP levels were measured by Roche-Elecsys test (immunoassay). NT-proBNP values were transformed into a natural logarithm (lnNT-proBNP).

3.3. Results

Lateral and septal E/E' indicated elevated left ventricular filling pressure in 10 (31%) and 8 (25%) patients, respectively. Mean NT-proBNP level turned out to be 543 ± 845 pg/ml. Elevated BNP level was found in 21 patients (66%). NT-proBNP levels negatively correlated with the lateral ($r=-0.59$, $p<0.001$) and septal ($r=-0.391$, $p=0.03$) A' values and showed a strong correlation with E/A as well ($r=0.476$, $p=0.007$). Weak, but significant correlation was found between the NT-proBNP levels and E/sepE' ($r=0.392$, $p=0.029$). No significant relationship was observed between NT-proBNP levels and other echocardiographic parameters. By stepwise multiple linear regression analysis the only significant predictor of lnNT-proBNP was lateral A' value, too ($r=-0.467$, $p<0.05$) (Figure 1).

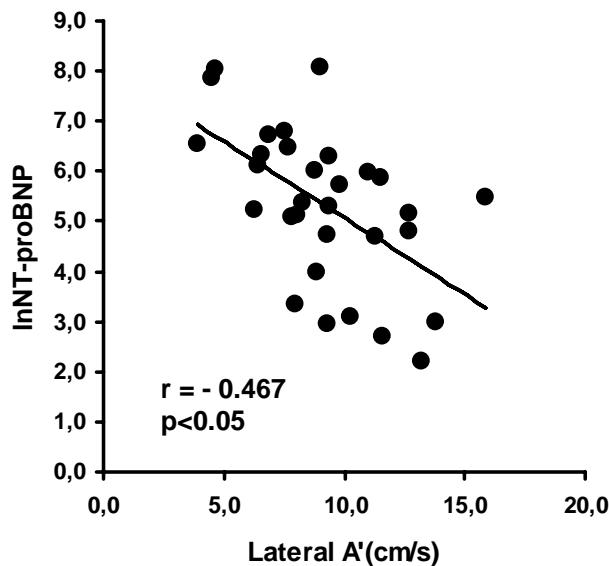


Figure 1 Linear regression between lateral A' and lnNT-proBNP

3.4. Conclusion

According to our results the main determinant of the NT-proBNP level is the A' parameter, characterizing left atrial systolic function. NT-proBNP showed a strong correlation with E/A as well. The latter result, however, must be interpreted carefully, because the E/A ratio does not show a linear correlation with the worsening of the diastolic dysfunction. A' velocity reliably quantifies left atrial contractile function in late diastole. In our study, A' tended to be

impaired parallel with the elevation of left ventricular filling pressure, showing a strong inverse correlation with NT-proBNP level. These data suggests that the missing link between left atrial function and NT-proBNP level may be the left ventricular diastolic function. At the same time, no, or very weak correlations were found between NT-proBNP and conventional or tissue Doppler parameters characterizing the global left ventricular diastolic function (DT, IVRT, E') or left ventricular filling pressure (E/E'). Our data suggest that left atrial wall stress may be an additional, direct determinant of the BNP synthesis.

4. Echocardiographic monitoring of right ventricular function in patients with resting or stress induced pulmonary arterial hypertension secondary to connective tissue diseases

4.1. Introduction

Several studies suggest that an abnormal rise in pulmonary artery pressure (PAP) during exercise in CTD patients with or without exertional dyspnoea, but with normal resting PAP, is a marker for the development of future resting PAH. Recent studies based on non-invasive measurements also suggested that isolated resting longitudinal diastolic dysfunction of the right ventricle may be the sign of exercise induced pulmonary hypertension. The aim of our work was to confirm this observation by the help of our data obtained by TDI measurements and right heart catheterisation.

4.2. Patients and methods

60 patients (mean age 54±8 years, 50 female) were examined: 15 healthy subjects and 45 patients suspicious for PAH secondary to CTDs. Myocardial systolic (S), early (E') and late (A') diastolic velocities were measured from apical 4-chamber view at the lateral border of the tricuspid annulus. Patients with CTD underwent right heart catheterization. If the resting mean PAP was lower than 30 mmHg, physical stress test was performed. Differences between groups were tested for significance using ANOVA.

4.3. Results

In 15 healthy subjects normal PAP (systolic PAP: 24.6±2.4 mmHg) was measured using echocardiography. 24 patients with CTD normal mean PAP (at rest: 18.0±3.2; at peak exertion 22.4±4.6 mmHg) was diagnosed by right heart catheterization. In 8 patients normal PAP-values were measured at rest (mean PAP: 22.8±1.7 mmHg) while elevated values were measured at peak exertion (39.8±6.3 mmHg). 13 patients belonging to the CTD-group had resting PAH (mean PAP: 37.9±10.9 mmHg). Table 1 outlines the main clinical and echocardiographic characteristics of our patient-groups. In the group of patients with stress induced PAH isolated diastolic, while in patients with resting PAH combined systolic and diastolic deterioration of right ventricular longitudinal function was found.

4.4. Conclusion

The right ventricular long axis function is guided by subendocardial fibres, which are most vulnerable to transitional or permanent pressure overload in patients with stress induced or resting PAH. Therefore determination of the tricuspid annular velocities provides an excellent tool for assessing the global systolic and diastolic function of the right ventricle. Our results - based on invasive and TDI measurements - confirmed the observations, suggesting that the isolated diastolic dysfunction of the right ventricle is the sign of stress induced pulmonary hypertension in CTD patients. In patients with resting elevation of pulmonary artery pressure combined systolic and diastolic dysfunction was found.

Table 1 Main clinical and echocardiographic characteristics of the study population

	Normal subjects (n=15)	Patients with CTD (n=45)			P
		Without PAH (n=24)	Stress induced PAH (n=8)	Resting PAH (n=13)	
Age (years)	50±6	54±7	58±8	55±8	NS
BSA (m²)	1.74±0.15	1.76±0.16	1.76±0.14	1.71±0.26	NS
Male/Female	3/12	3/21	0/8	4/9	NS
NYHA class					
I	15				
II		24	8	7	<0.001
III				6	
Left ventricular EF (%)	63.5±2.3*	61.2±3.3	63.1±2.5#	59.0±3.7	<0.01
Mitral E/A	1.3±0.4	1.0±0.3	0.9±0.3	1.1±0.3	NS
Mitral E' (cm/s)	12.1±2.5	9.9±2.5§	9.2±1.3§	9.4±1.4§	<0.01
Mitral E/E'	5.9±1.3	7.1±2.4	8.0±1.2	7.9±2.6	NS
RV diameter (mm)	27.9±2.5†	31.8±4.1*	28.6±3.7†	38.4±8.2	<0.001
RVFAC (%)	56.9±4.6†	53.7±4.1†	54.8±3.7†	41.4±5.5	<0.001
Tricuspid E/A	1.37±0.21	1.20±0.28	0.91±0.17‡	0.97±0.09‡	<0.001
sPAP estimated (mmHg)	24.6±2.4†	30.0±7.0†	32.8±4.5†	52.7±18.7	<0.001
Tricuspid S (cm/s)	13.9±2.6*	13.1±2.7#	12.7±2.1	10.6±2.4	<0.01
Tricuspid E' (cm/s)	11.0±1.7	9.7±2.3	8.2±2.2§	8.4±1.1§	<0.01
Tricuspid A' (cm/s)	13.4±3.0	13.7±2.8	12.8±2.4	12.0±3.6	NS
Tricuspid E'/A'	0.86±0.25	0.72±0.19	0.67±0.24	0.76±0.22	NS

(BSA: body surface area; EF: ejection fraction; RV: right ventricle; RVFAC: right ventricular fractional area change; sPAP estimated: systolic pulmonary artery pressure estimated by echocardiography; #p<0.05 versus resting PAH; *p<0.01 versus resting PAH; †p<0.001 versus resting PAH; §p<0.01 versus normal; ‡p<0.001 versus normal)

5. Echocardiographic Particle Image Velocimetry: a new method to determine left ventricular flow pattern

5.1. Introduction

Echocardiographic Particle Image Velocimetry (Echo-PIV) is a new, feature tracking based approach to visualize and quantify left ventricular flow patterns *in vivo*. We investigated the vortex formations in healthy left ventricles and the impact of different types of prosthetic valves on intraventricular flow patterns and flow mediated energy dissipation.

5.2. Patients and methods

We examined 19 patients (mean age 57 ± 19 yrs, 10 female). Nine were healthy subjects and 10 had prosthetic mitral valves (5 bi-leaflet valves, 4 bioprostheses, 1 tilting disc). During contrast echocardiography a low dose of left heart contrast (0.1- 0.2 ml SonoVue) was administered intravenously. Apical four and three chamber views were obtained using Acuson Sequoia C512 ultrasound system. Digital off-line image analysis using a prototype software (Omega Flow Version 2.3.1.) allowed to explore intracavitary flow and to calculate measures of energy dissipation (relative pulsatile vorticity strength, RS, and vortex pulsation correlation, VPC) by means of PIV.

5.3. Results

In healthy hearts, a vortex filling the entire ventricle stores the kinetic energy of the blood and smoothly redirects the blood to the outflow tract (Figure 2). In patients with prosthetic valves, completely different flow patterns were identified depending on type, orientation and position of the valves as well as left ventricular geometry. Patients with prosthetic valves showed significantly higher LV energy dissipation than healthy subjects (Table 2).

5.4. Conclusion

Echo-PIV is feasible. It clearly distinguishes flow patterns in normal hearts from those in hearts with different types of prosthetic valves. Prosthetic valves change the normal diastolic flow pattern considerably. Thus, diastolic storage function for kinetic energy may be impaired in prosthetic mitral valve patients. Echo-PIV offers new insights into cardiac function and may be of future importance to optimize valve replacement therapy.

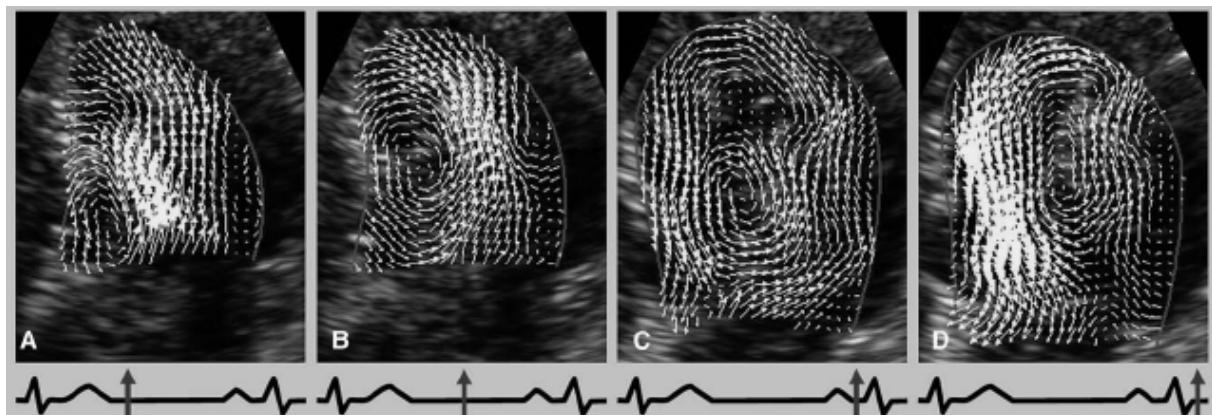


Figure 2 Flow pattern in a healthy left ventricle. Arrows indicating the instantaneous local direction and velocity of blood flow are superimposed on a contrast-enhanced greyscale image of a 4-chamber view.

Table 2 Characteristics of the left ventricular vortical flow in normal hearts and patients with prosthetic mitral valves

	Healthy hearts	All prosthetic valves	p*	Bi-leaflet valves	p**	Bioprosthetic valves	p**	Tilting disc valve	p**
VA (%)	50.3±5.9	53.5±13.6	0.352	50.6±16.7	1.000	56.9±8.5	1.000	56.2±15.2	1.000
RS	1.62±0.43	2.36±0.71	0.000	2.33±0.92	0.037	2.43±0.48	0.034	2.28±0.16	0.941
VRS	0.43±0.10	0.52±0.16	0.052	0.50±0.16	1.000	0.53±0.18	0.828	0.64±0.09	0.315
VPC	0.72±0.24	1.20±0.51	0.000	1.20±0.60	0.041	1.22±0.49	0.076	1.22±0.29	0.743

VA – vortex area in % of the left ventricular area. RS, VRS and VPC are parameters of flow pattern dependent energy dissipation in the left ventricle: RS - relative pulsatile vorticity strength; VRS - vortex relative pulsatile vorticity strength; VPC - vortex pulsation correlation. P-values vs. healthy hearts *) t-test, **) ANOVA post hoc test (Bonferroni)

6. Novel findings

6.1. Based on TDI measurement we proved a significant correlation between B-type natriuretic peptide level and the left atrial function in patients with hypertrophic cardiomyopathy.

6.2. By the help of TDI measurements and right heart catheterisation we confirmed the observation, that isolated resting longitudinal diastolic dysfunction of the right ventricle is the sign of exercise induced pulmonary hypertension in patients with connective tissue diseases.

6.3. Our results demonstrated, that the new method of echocardiographic Particle Image Velocimetry is able to describe and distinguish left ventricular flow patterns in healthy hearts and in patients with different types of prosthetic mitral valves.

6.4. By the help of echocardiographic Particle Image Velocimetry we proved, that flow-mediated energy dissipation in the left ventricle is significantly higher in patients with prosthetic mitral valves than in healthy subjects.

7. Publications of the author

7.1. Original papers and letters

7.1.1. In connection with the topic of the thesis

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7.3. Lectures at international scientific congresses

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